

# beneficial

adjective

► Say it: ben • e • fi • cial #8 Write it: \_\_\_\_\_

## Academic Vocabulary Toolkit

Meaning	Example
good or helpful	Drinking _____ is beneficial to your _____.



### Family

- *Noun:* benefit
- *Verb:* benefit
- *Adverb:* beneficially

### Word Partners

- \_\_\_\_\_ effects      Eating fruits and vegetables has beneficial effects on your health.
- mutually \_\_\_\_\_      Humans and dogs have a mutually beneficial relationship.

## Verbal Practice

**Talk about It** Read each sentence and think about how you would complete it.

**Discuss** your idea with your partner using the sentence frame.

**Listen** carefully to your partner's and classmates' ideas.

**Write** your favorite idea in the blank.

- 1 Having a pet is mutually beneficial for both the animal and the owner because \_\_\_\_\_

- 2 Before an important game, it's beneficial for athletes to \_\_\_\_\_

## Writing Practice

**Collaborate** Work with your partner to complete the sentence using **beneficial** and appropriate content.

If a student is having personal problems, it can be \_\_\_\_\_ for him or her to talk to a \_\_\_\_\_ because \_\_\_\_\_.

**Your Turn** Work independently to complete the sentence using **beneficial** and appropriate content.

One \_\_\_\_\_ effect of joining a club at school is that you might \_\_\_\_\_.

**Be an Academic Author** Work independently to write two sentences. In your first sentence, use **beneficial** with a *plural noun*. In your second sentence, use **beneficial** with a *singular noun*.

① \_\_\_\_\_  
\_\_\_\_\_  
② \_\_\_\_\_  
\_\_\_\_\_

### grammar tip

Adjectives do not have plural forms. Do not add an -s to adjectives when they describe plural nouns.

beneficial effects  
loud dogs

**Write an Academic Paragraph** Complete the paragraph using **beneficial** and original content.

Many students feel that they \_\_\_\_\_ ① from having a study partner throughout the school year. Having a study partner can be mutually \_\_\_\_\_ ② for a number of reasons. First, a study partner can help you catch up on \_\_\_\_\_ ③ that you missed and remind you about upcoming \_\_\_\_\_ ④. Second, your study partner may be able to help you \_\_\_\_\_ ⑤ a variety of skills outside of the classroom, including conducting research or proofreading your papers. Finally, a study partner can \_\_\_\_\_ ⑥ you to stay focused on your studies. You and your partner don't have to study the same subject; sometimes it is \_\_\_\_\_ ⑦ just to be in the same room with someone who is also focusing on their studies. Do you think you would benefit from having a study partner?